

\$500

IN ONE WEEK

It's easier than you think!

Day 1	You! Back yourself and donate \$25 to your own campaign. People will see that you put your money where your mouth is!
Day 2	Ask 3 family members to donate \$25 each to your campaign.
Day 3	Ask 2 local businesses (local coffee shop, hairdresser, and butcher) to donate \$25.
Day 4	Ask 5 co-workers to donate \$20 each.
Day 5	Ask your boss for a company contribution of \$100 to your campaign. Remember for your boss this could count as company dollar matching.
Day 6	Ask 5 people from your local club, church or sports team to donate \$10 each.
Day 7	Ask 5 friends to donate \$20 each to your campaign.

Congratulations! that's \$500!

Remember to...

1. Provide the link for your fundraising page - or even better collect the donation in person.
2. Tell people of the \$500 in a week challenge. They will be impressed!
3. Tell them that their donation is used to provide free resources to patients, run education days, and support specialist lymphoma nurses across Australia.
4. Thank them for helping to make a difference for Lymphoma patients.